# Patient-Centered Primary Care Homes

A **Patient-Centered Primary Care Home** is a health clinic that is recognized for their commitment to high-quality, patient-centered care. Just as it sounds, patient-centered care is all about you and your health!

## Your primary care home will...

- Better coordinate your care to help get you the services you need, when you need them.
- Listen to your concerns and answer your questions.
- Offer after-hours help and alternatives to the emergency room.
- Help you or your caregiver play an active role in your health.

### What does this look like for me?

Your primary care provider will work with you to improve care coordination that results in higher quality care to you and your family.

If you have a special health concern or condition, you will be connected with other health professionals to help you get the care you need. For example, your primary care provider can connect you with a pharmacist, mental health specialist, a nutritionist, etc. — whatever your health needs call for.

# **Key Attributes of Care**

- Accessible: Care is available when patients need it.
- Accountable: Clinics take responsibility for their community and provide quality care.
- **Comprehensive:** Patients get the care, information and services they need to stay healthy.
- **Continuous:** Providers know their patients and work with them to improve their health over time.
- **Coordinated:** Clinics help patients navigate the health care system to get the care they need in a safe and timely way.
- Patient & Family Centered: Patients and families are the most important part of health care. Care should draw on a patient's strengths to set goals, and communication should be culturally competent and understandable by all.

#### Your health care team

When you and your primary care provider work with other health professionals to coordinate your care – like nurses, specialists, and pharmacists – this is called your "health care team." The members of your team work together to make sure they're all on the same page when it comes to your health. This helps eliminate repetitive procedures and improves your care.

# Am I getting care at a recognized clinic?

Over 600 clinics in Oregon have been recognized as a primary care home, so chances are you are already getting care at a recognized clinic. Find a list of recognized Patient-Centered Primary Care Homes by visiting <a href="https://www.PrimaryCareHome.oregon.gov">www.PrimaryCareHome.oregon.gov</a>.



# **Patient-Centered Primary Care Homes**

## As a patient, what can I do to make sure I'm getting the best possible care?

- Becoming engaged in your health care is the best way to make sure your primary care provider and health care team provide the best care possible. They want you to speak up!
- Your primary care provider can answer questions and help you better understand your health needs.
- If you need to get help from other doctors or health care providers in the community, your primary care provider can support you every step of the way.
- When you have concerns about your health, your health care team will work with you to decide the best way to deal with them.

## The Patient-Centered Primary Care Home Program

The Patient-Centered Primary Care Home Program recognizes clinics as primary care homes and makes sure they meet the standards of care. The program is part of the Oregon Health Authority and one of the many efforts to help improve the health of all Oregonians and the care they receive.

Any type of clinic can apply and be recognized as long as they provide the services described in the standards. This includes physical health providers, behavioral, addictions and mental health care providers, solo practitioners, group practices, community mental health centers, tribal clinics, rural health clinics, federally qualified health centers, and school-based health centers.

Participation in the Patient-Centered Primary Care Home Program is voluntary. Health care providers at recognized primary care homes have chosen to become recognized for their commitment to providing high quality, patient-centered care.

To learn more about the Patient-Centered Primary Care Home Program visit <a href="www.PrimaryCareHome.oregon.gov">www.PrimaryCareHome.oregon.gov</a>.

# **Coordinated Care Organizations & primary care homes**

Primary care homes are at the heart of Oregon's health system transformation efforts. Coordinated Care Organizations are encouraged to include recognized primary care homes in their networks of care to the greatest extent possible. Expanding the availability of primary care homes will provide better access to care now and strengthen the primary care networks as CCOs evolve. To learn more about Coordinated Care Organizations, visit www.health.oregon.gov.

