

Circumcision Resources

Circumcision is a procedure to remove the skin that covers the tip of the penis. Providers at SPC do one of two methods for this procedure: the Gomco or the Plastibell method.

Gomco Method — The doctor uses a special tool to gently hold the foreskin before removing it during the procedure. When the procedure is over, everything is finished; you will need to apply a petroleum-based ointment on the penis after the procedure.

Plastibell Method — The doctor uses a small plastic ring on the foreskin and then ties it tight. The small rim of skin falls off with the ring, usually within a few days, after the procedure. Afterwards, only routine cleaning is needed, no petroleum ointment should be applied.

Further information, including videos of the procedures, can be found online at the following links, or by searching "Stanford University Neonatal Circumcision."

- <https://www.stanfordchildrens.org/en/topic/default?id=circumcision-for-children-90-P03080>
- <https://med.stanford.edu/newborns/professional-education/circumcision.html>

Circumcisions are typically done within the first few weeks of life.

If you have any questions regarding this or any other matter, your baby's doctor will be happy to discuss them with you at your next appointment.



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