

# Psychiatric Prescribers

FORM 141 R250506

- Options Counseling**  
North Salem Location  
2645 Portland Rd NE Suite 120, Salem, OR 97301  
P: 503-390-5637  
F: 503-393-3135  
Insurance: OHP and most major commercial plans
- Integrated Youth Care**  
Salem Location  
528 Cottage St NE, Salem, OR 97301  
P: 503-339-7355  
Insurance: Most major commercial plans, no Kaiser Permanente
- Marion County Children's Behavioral Health**  
3867 Wolverine St NE Bldg F, Salem, OR 97305  
Intake line: 503-576-4676  
P: 503-588-5352  
F: 503-585-4990  
Insurance: OHP
- Valley Mental Health**  
670 Hawthorne Ave SE #150, Salem, OR 97301  
\*Currently prefer the PCP to send over a general referral by fax to 503-480-0484, then will send the family an intake packet  
Insurance: Most major commercial plans, OHP only as secondary
- Mid-Valley Counseling Center**  
Two office locations in Salem  
P: 503-364-6093  
\*Currently only taking children 14+  
Insurance: Most major commercial plans, no OHP
- Polk County Youth and Behavioral Health Services**  
Offices in Dallas, West Salem, and Monmouth  
P: 503-623-9289 (Dallas)  
P: 503-585-3012 (West Salem)  
Insurance: OHP, self-pay with sliding fee program
- Rebecca Dorsey, Psychiatric Nurse Practitioner**  
945 Columbia St NE, Salem, OR 97301  
P: 971-278-9898  
Insurance: Most major commercial plans  
Age Range: 6+
- Triskelion**  
2264 McGilchrist St SE Suite 100, Salem, OR 97302  
P: 503-581-7700  
Insurance: Contact directly, no OHP
- NueStart Psychiatry**  
2110 Mission St SE Suite 305, Salem, OR 97302  
P: 503-379-1902  
Insurance: Most major commercial plans, OHP depending on CCO
- Brightways Counseling Group**  
Offices in Woodburn, Redmond, Portland, Salem, and Bend  
P: 503-953-0310  
Insurance: OHP, most major commercial plans
- Urban Counseling Collective**  
Multiple providers — Pediatrics, Primarily Telehealth  
P: 503-610-2044  
Locations in Salem and Beaverton  
2925 River Rd S #250, Salem, OR 97302  
8285 SW Nimbus Ave Suite 130, Beaverton, OR 97008  
Insurance: Most major insurance plans, not accepting OHP or Trillium  
Age Range: 3+
- Mindful Therapy Group**  
In-person and Telehealth  
P: 541-321-2278  
675 Orchard Heights Rd NW Suite 200, Salem, OR 97304  
Insurance: All major insurance plans and OHP  
Age Range: 4+



## Salem Pediatric Clinic

2478 13th Street SE  
Salem, Oregon 97302  
503-362-2481 · Phone  
503-371-7803 · Fax  
SalemPediatricClinic.com