

# Mental Health Referral List

These mental health providers will see patients with a wide variety of social and mental health issues, including but not limited to: anxiety, depression, stress, social issues, coping skills, school issues, relationships issues, abuse, trauma, PTSD, gender/sexuality issues, suicidal ideation, behavioral issues.

- Please check with the individual provider or clinic for their specific specialty, insurance acceptance, age range, and availability.
- Please remember to call your insurance for information on mental health coverage.

## MENTAL HEALTH PROVIDERS

- Salem Pastoral Counseling**  
Multiple Providers  
503-370-8050  
2001 Commercial St SE Suite 200, Salem, OR 97302  
Insurance: Most major insurance plans and OHP  
Age Range: 3+
- Options Counseling and Family Services**  
Multiple Providers  
503-951-6280 (North location only)  
Insurance: OHP and many major plans  
Age Range: 3+  
Specialties: Child therapy
- Inter Cultural Center for Psychology**  
Multiple Providers  
503-877-1329  
401 Ratcliff Dr SE #110 & 305, Salem, OR 97301  
Insurance: Most major insurance plans and OHP  
Age Range: 6-19  
Specialties: Spanish, English, Russian, Ukrainian
- Empowering Choices Counseling**  
Multiple Providers  
503-589-3112  
147 Commercial St NE #15, Salem, OR 97301  
Insurance: Most major insurance plans and OHP  
Age Range: 3-19
- Life Roots Counseling**  
Kerry Moyer  
503-428-7711  
687 Church St NE, Salem, OR 97301  
Insurance: Most major insurance plans and OHP  
Age Range: 3-19  
Specialties: Art and Play therapy, cutting/self-harm
- Mid Valley Counseling Center (MVCC)**  
Multiple Providers  
503-364-6093  
Two locations in Salem  
Insurance: Most major insurance plans and OHP  
Age Range: 3+
- Connection Counseling Center**  
Larry Lawson  
971-600-2714  
4035 12th St Cutoff SE Suite 140, Salem, OR 97302  
Insurance: Most major insurance plans  
Age Range: 3-19
- New Perspectives Center for Counseling**  
Multiple Providers (some Spanish speaking)  
503-316-6770  
1675 Winter St NE, Salem, OR 97301  
Insurance: Most major insurance plans and OHP  
Age Range: 3+
- Integrated Youth Care**  
Multiple Providers  
503-339-7355 (Salem), 541-230-1630 (Corvallis)  
Two Locations (Salem and Corvallis)  
Insurance: Most major insurance plans  
Age Range: 3-19
- Riverfront Mental Health**  
Multiple Providers  
503-383-1248  
698 12th St SE Suite 210, Salem, OR 97301  
Insurance: OHP and BC/BS  
Age Range: 13+  
Specialties: Teen violence and deviant behavior



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## MENTAL HEALTH PROVIDERS (CONTINUED)

- Transformational Associates Counseling**  
Kristin Rieck, LPC  
503-348-6551  
2367 State St NE Suite 100, Salem, OR 97301  
Insurance: Kaiser Perm (OON), Cascade Health & EAP  
Age Range: 11+  
Specialties: LGBTQ+, Transgender specialist
- Fahlstrom Enterprises**  
Mary Ann Fahlstrom LMFT  
503-298-6609  
189 Liberty St NE, Salem, OR 97301  
Insurance: Most major insurance plans and OHP  
Age Range: 3+  
Specialties: Family conflict
- Cross Cultural Counseling and Consulting**  
Carol Hendrix, PhD  
503-585-3644  
161 High St SE Suite 204, Salem, OR 97301  
Insurance: Most major insurance plans, Hawaii Medical  
Age Range: 6+  
Specialties: Self-esteem, Pacific-Islander, and other cultures
- Salem Counseling Services**  
Chelsea Scott  
503-967-2315  
117 Commercial St NE #225, Salem, OR 97301  
Insurance: Most major insurance plans and OHP  
Age Range: 13+
- NW Human Services**  
Multiple Providers  
503-378-7526  
1245 Edgewater St NW, Salem, OR 97304  
Insurance: OHP  
Age Range: 11+
- Kevin Reilly**  
Kevin Reilly, LPC Intern, NCC  
971-297-3642  
Salem, OR 97304  
Insurance: Out of Network  
Age Range: 3+  
Specialties: Intellectual disability, autism, anxiety
- VIDA Integrated Behavioral Health**  
Multiple Providers  
503-586-0383  
374 Owens St SE Suite 100, Salem, OR 97302  
Insurance: Most major insurance plans  
Age Range: 12+
- Marion County Children's Behavioral Health**  
Multiple Providers  
503-576-4676  
Salem & Woodburn Locations  
Insurance: OHP and No Insurance  
Age Range: 0+
- Coordinated Counseling for Children**  
Victoria Wisdom PhD, LPC  
503-450-9900  
528 Cottage St NE Suite 160, Salem, OR 97301  
Insurance: Most major insurance plans  
Age Range: 3+  
Specialties: Home based and play therapy
- Valley Mental Health**  
Multiple Providers  
503-589-4046  
670 Hawthorne Ave SE #150, Salem, OR 97301  
Insurance: Most major insurances  
Age Range: 0+  
Specialties: Psychiatrics and testing available
- Amanda L. Jones**  
Amanda Jones, LPC  
503-486-4560  
1140 Baxter Rd SE #6, Salem, OR 97306  
Insurance: Out of Network, Cash  
Age Range: 3+
- Árbol de Vida (Tree of Life)**  
Sara Csaky, LPC Intern  
503-837-7113  
Salem, OR 97304  
Insurance: Out of Network, Cash  
Age Range: 13+  
Specialties: Spanish speaking
- Bloom Play Therapy**  
Justin Johansson, CRC, LPC Intern  
503-967-8556  
1698 Liberty St SE, Salem, OR 97302  
Insurance: Out of Network, Cash  
Age Range: 3+  
Specialties: Play Therapy
- Catholic Community Services Counseling**  
Multiple Providers  
503-390-2600 option #3  
Salem, OR  
Insurance: Most Major Insurances  
Age Range: 3+  
Specialties: Spanish speaking



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## MENTAL HEALTH PROVIDERS (CONTINUED)

- Inspired Counseling & Wellness**  
Cyncha Dato, LPC  
503-560-0802  
161 High St SE, Salem, OR 97301  
Insurance: OHP, Other Insurances  
Age Range: 12+  
Specialties: Gender Identity/LGBTQ+
- Sapphire Blue Solutions**  
Multiple Providers  
503-726-5216  
Woodburn and Lake Oswego  
Insurance: OHP, Most Major Insurances  
Age Range: 3+
- Triskelion**  
Multiple Providers  
503-683-7257  
2264 McGillchrist St Suite 100, Salem, OR 97302  
Insurance: Most Major Insurances  
Age Range: 6+
- Michelle Harvey**  
Michelle Harvey, LCSW  
971-273-1723  
880 Liberty St NE, Salem, OR 97301  
Insurance: OHP, Aetna, Moda  
Age Range: 0-5  
Specialties: Spanish
- Healthy Connections Counseling, LLC**  
Jennifer Heine, LPC  
971-273-5731  
Salem, OR 97304  
Insurance: OHP, Out of Network  
Specialties: Telehealth  
Age Range: 3+
- Autumn Stoutenburgh**  
Autumn Stoutenburgh, CSWA  
458-224-1055  
1126 Gateway Loop Suite 140, Springfield, OR 97477  
Insurance: OHP  
Age Range: 1-10  
Specialties: Telehealth
- Stronger Oregon**  
Multiple Providers  
541-900-4285  
Multiple locations/Telehealth  
Insurance: OHP, Multiple Insurance Plans  
Age Range: 6+

