

Mental Health Referral List

FORM 140 R240227

page 1 of 2

These mental health providers will see patients with a wide variety of social and mental health issues, including but not limited to: anxiety, depression, stress, social issues, coping skills, school issues, relationships issues, abuse, trauma, PTSD, gender/sexuality issues, suicidal ideation, behavioral issues.

- Please check with the individual provider or clinic for their specific specialty, insurance acceptance, age range, and availability.
- Please remember to call your insurance for information on mental health coverage.

MENTAL HEALTH PROVIDERS

- ☐ **Salem Pastoral Counseling**
Multiple providers
503-370-8050
2001 Commercial St SE Suite 200, Salem, OR 97302
Insurance: Most major insurance plans and OHP
Age Range: 4+
- ☐ **Inter Cultural Center for Psychology**
Multiple providers
503-930-3607
401 Ratcliff Dr SE #110 & 305, Salem, OR 97301
Insurance: OHP, in-network with Kaiser Permanente, Blue Cross
Age Range: 6+
Specialties: English, Russian, Ukrainian
- ☐ **Options Counseling and Family Services**
Multiple providers
503-390-5637 (North location only)
2645 Portland Rd NE Suite 120, Salem, OR 97301
Insurance: Most major insurance plans and OHP
Age Range: 3-6, 13-18
Specialties: Child therapy
- ☐ **Empowering Choices Counseling**
Multiple providers
503-589-3112
805 Liberty St NE Suite 2, Salem, OR 97301
Insurance: Most major insurance plans and OHP
Age Range: 3-19
- ☐ **Bloom Play Therapy**
Justin Johansson, LPC Intern
503-967-8556
528 Cottage St NE Suite 170, Salem, OR 97301
Insurance: Please contact directly
Age Range: 3-16
Specialties: Play therapy, cognitive therapy, synergetic therapy
- ☐ **Catholic Community Services Counseling Center**
Multiple providers
503-390-2600 option #3
Salem, OR
Insurance: Please contact directly
Age Range: 3+
Specialties: Spanish speaking
- ☐ **Integrated Youth Care**
Multiple providers
503-339-7355 (Salem), 541-230-1630 (Corvallis)
Locations in Salem and Corvallis:
698 12th St SE Suite 210, Salem, OR 97301
673 NW Jackson Ave, Corvallis, OR 97330
Insurance: Most major insurance plans
Age Range: 3-24
- ☐ **Marion County Children's Behavioral Health**
Multiple providers
503-576-4676
Locations in Salem and Woodburn:
3867 Wolverine St NE, Salem, OR 97305
976 N Pacific Hwy, Woodburn, OR 97071
Insurance: OHP and No Insurance
Age Range: 0+
- ☐ **Polk County Behavioral Health**
Multiple providers
503-623-9289
Locations in Dallas, West Salem, and Monmouth
Insurance: OHP
Age Range: 0+
- ☐ **Inspired Counseling & Wellness**
Cyncha Dato, LPC
503-560-0802
161 High St SE Suite 209, Salem, OR 97301
Insurance: OHP, Moda
Age Range: 12+
Specialties: Gender Identity/LGBTQ+, Transgender



Salem Pediatric Clinic

2478 13th Street SE
Salem, Oregon 97302
503-362-2481 • Phone
503-371-7803 • Fax
SalemPediatricClinic.com

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page 2 of 2

MENTAL HEALTH PROVIDERS (CONTINUED)

- ☐ **Riverfront Mental Health**
Multiple providers
503-383-1248
698 12th St SE Suite 210, Salem, OR 97301
Insurance: OHP, Aetna, Providence Health, Moda, BC/BS, Cigna
Age Range: 13+
Specialties: Teen violence and deviant behavior
- ☐ **Valley Mental Health**
Multiple providers
503-589-4046
670 Hawthorne Ave SE #150, Salem, OR 97301
Insurance: Most major insurance plans, need OHP for pediatrics as secondary
Age Range: 0+
Specialties: Psychiatrics
- ☐ **Stronger Oregon**
Multiple providers
541-900-4285
Multiple locations/Telehealth
Insurance: Most major insurance plans and OHP
Age Range: 1+
- ☐ **Sapphire Blue Solutions**
Multiple providers
503-726-5216
Locations in Woodburn and Lake Oswego:
1535 N Pacific Hwy, Woodburn, OR 97071
5285 Meadows Rd Suite 170, Lake Oswego, OR 97035
Insurance: Most major insurance plans and OHP
Age Range: 4+
- ☐ **Urban Counseling Collective**
Multiple providers
503-610-2044
Locations in Salem and Beaverton:
2925 River Rd S #250, Salem, OR 97302
8285 SW Nimbus Ave Suite 130, Beaverton, OR 97008
Insurance: Most major insurance plans
Age Range: 3+
- ☐ **Circletree Group**
Multiple providers
541-250-0215
Services take place at home and in community settings
Service coverage throughout the Willamette Valley
Insurance: Most major insurance plans
Age Range: 3+
Specialties: Applied behavior analysis (ABA) therapy
- ☐ **Triskelion**
Multiple providers
503-581-7700
2264 McGillchrist St Suite 100, Salem, OR 97302
Insurance: Most major insurance plans
Age Range: 6+

Visit the [psychologytoday.com](https://www.psychologytoday.com) therapist finder for individual providers. You can use the search engine to narrow down by location, specialty, age range, and insurance provider.



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